

# CONSCIOUS ORAL SEDATION TREATMENT POST OPERATIVE INSTRUCTIONS



1. Your child will be mildly to moderately sedated for much of today. The medication can stay in his/her body for up to 24 hrs. Most children are sleepy and calm after treatment, although some can be very agitated. Even if your child seems fine, they can impair their motor ability and they may fall down and hurt themselves. Therefore, we recommend quiet activities such as watching movies, reading, etc, and will not be able to return to school.
2. Please do not plan any stops or errands on your way home from treatment. Your child needs to be closely monitored in the time following his/her procedure.
3. Once home, your child will still be drowsy and must remain under adult supervision until fully recovered from the effect of the sedation.
4. Your child may be drowsy for some time after the sedation appointment. Restrict activities for the remainder of the day. Prohibit potentially harmful activities such as bike riding, swimming, playground equipment, or any activity where balance is time
5. Nausea and vomiting are occasional side effects of sedation. If vomiting occurs, immediately clear the material from your child's mouth.
6. In addition to the sedative medications, we often use local anesthetic to numb the mouth during dental treatment. The numbness usually lasts 2-4 hours. Watch to see that your child does not bite, touch, or irritate the cheek, lips or tongue during this time.

7. Children may be irritable after treatment. If this occurs, stay with your child and provide a calm environment. If you believe the irritability is caused by discomfort, you may give your child (**Tylenol**) or **ibuprofen (Motrin), ADVIL**. Follow the instructions on the for dosing based upon your child's age/ weight.

8. Once your child is alert, you may give him /her sips of clear liquids to prevent nausea and dehydration. Small drinks taken repeatedly are preferable to large amounts.

9. The first meal should be something light and easily digestible (jelly, chicken soup, apple sauce)

10. Please feel free to call the office for any questions or concerns that you might have....

**830-757-9700**

Your child had the following sedative today:

- Demerol
- Versed
- Hydroxyzine
- Diazepam

Parent or guardian signature: \_\_\_\_\_

Doctor 's signature: \_\_\_\_\_

Witness: \_\_\_\_\_